

HOSA Competitive Events Instructions

Secondary members participating in the following competitive events at the 2023 SLC are required to create a profile and submit materials through Tallo by Feb. 17th.

Clinical Specialty	Health Education	Mental Health Promotion
Community Awareness	HOSA Happenings	
Emotional Well-Being Challenge	Interviewing Skills	Public Service Announcement
Health Career Display	Job Seeking Skills	Researched Persuasive Writing and Speaking
Health Career Photography	Medical Innovation	Research Poster

- HOSA Members must have a Tallo account and have submitted their required materials by Feb. 17th to be eligible to compete during State Leadership Conference.

Competing Is Easy. Here's How:

1 Join Tallo

- Go to <https://tallo.com/hosa/>
- Click the "Create a Profile" button and follow the prompts to create your account
- Add HOSA to your profile
 - Once you are logged in, scroll down to the "Memberships, Extracurricular Activities, and Hobbies" section
 - Click on the "+" button
 - Click on the trophy icon to select the "Organization or Club" category
 - Type and select HOSA under "What is the organization or club"
 - Fill out the other questions and click "Save"

2 Search for HOSA Competitive Event

- Select "Opportunities" at the top of your screen when logged in.
- For the Nebraska HOSA SLC: In the "Organization Name" search box type in "HOSA"; wait for the list of pre-populated organizations to appear, and then select your state/ association from the drop-down box (Example HOSA-Future Health Professionals | California). Keyword and location should be left blank, and Type should list "competition" from the drop down menu. Click the "Search" box.
- OR**, from <https://tallo.com/hosa/>, scroll down to "Find a HOSA event in your area" and select your state/chartered association.
- To upload materials for ILC: In the "Organization Name" search box type in "HOSA"; wait for the list of pre-populated organizations to appear, and then select HOSA-Future Health Professionals | Southlake TX. Keyword and location should be left blank, and Type should list "competition". Click the "Search" box.

- E. Select your competitive event from the list that appears to the right. Make sure that you have selected the correct conference!

3 Submit Materials and Apply for Competitive Event

- A. Once you have selected your Competitive Event, review the information about the submission deadline, requirements, and uploads required.
- B. Follow the steps, check the appropriate boxes, and provide required information for your event.
- C. Click “Apply Now” when ready to submit. Those who qualify to compete at ILC will need to re-submit materials to ILC events, even if you submitted them to your state/chartered association. ILC judges will not have access to state/chartered association conference materials on Tallo. **ONLY materials submitted to the 2023 ILC opportunity will be judged for ILC.**
- D. You have until the state/chartered association deadline (Feb. 17, 2023) or ILC deadline (May 15th) to change any content and re-upload your submissions as needed. The material in Tallo as of May 15 is considered final for ILC and ready for pre-judging.
- E. The size limit for any files uploaded to Tallo is 2.5 MB. To avoid an upload error, please be sure to save your .pdf as a compressed file or reduce the size of your embedded images. For instructions on how to do this, please visit: <http://www.hosa.org/filesize>

4 To Edit Your Submission

- A. Click the profile picture on the top right of your screen in Tallo.
- B. Click “My Opportunities” and select your event.
- C. Follow the instructions for editing your submission.

5 How to Check the Status of Your Submission

- A. Click on your profile picture in the top-right of the screen.
- B. Click “My Opportunities” from the drop down menu.
- C. You will see any opportunities you have submitted. There is a status section that will show – “Submitted”, “In progress”, etc.
- D. As long as the deadline has not passed, you are able to edit this submission.

